

FEAR THE TURTLE

2005 MARYLAND WOMEN'S SOCCER

GENERAL INFORMATION

TABLE OF CONTENTS

2005 Quick Facts	1
2005 Schedule	1
Season Outlook	2
Coaching Staff	
Head Coach Brian Pensky	4
Assistant Coach Ali Wolff-Toole	5
Assistant Coach Cindy Wolf	5
Support Staff	5
Meet the Terrapins	
Roster Information	6
Pronunciation Guide	6
Terrapin Profiles	7
Photo Roster	23
Opponent Information	24
2004 Season Review	
Review Notebook	26
Results and Statistics	28
Game Recaps	29
ACC Season Review	36
History, Honors and Records	
Year-By-Year Records	37
Coaching History	37
NCAA History	37
Career Records	38
Single-Season Records	39
Single-Game Records	40
Class Records	40
All-Time Roster	41
All-Time Scores	42
Series Records	44
Annual Leaders	44
NCAA Tournament History	45
All-Time Honors	46
Ludwig Field: Home of Maryland Soccer	48
University of Maryland	
University Profile	51
President C.D. Mote Jr.	51
Athletics Director Deborah A. Yow	52
UM's Distinguished Alumni	53
Academic Support & Career Development	54
Media Information	56

QUICK FACTS

UNIVERSITY INFORMATION

Location	College Park, Md. 20742
Founded	1807
Enrollment	35,392
President	C.D. Mote, Jr. (California '59)
Athletic Director	Deborah A. Yow (Elon '74)
Nickname	Terrapins, Terps
Colors	Red, White, Black and Gold
Affiliation	NCAA Division I
Conference	Atlantic Coast
Home Field	Ludwig Field (4,500, grass & lights)

COACHING STAFF

Head Coach	Brian Pensky (Emory '91)
Pensky at Maryland/Overall	First season
Office Phone	301-314-7034
Assistant Coach	Ali Wolff-Toole (Maryland '99)
Office Phone	301-405-0667
Assistant Coach	Cindy Wolf (Syracuse '01)
Office Phone	301-314-0330
Office Fax	301-405-0955

TEAM INFORMATION

2004 Record	9-7-4, .550
2004 ACC Record	3-4-2, .444/8th
2004 NSCAA Final Ranking	24th (highest: 19th)
2004 NCAA Tournament	Beat Loyola 3-0, 1st Rnd. Beat No. 2 Penn State 1-0, 2nd Rnd. Lost to No. 15 Washington 1-0, 3rd Rnd.
Letterwinners Returning/Lost	10/5
Starters Returning/Lost	9/2
All-Time Program Record	187-159-28, .537
All-Time ACC Record	30-65-9, .332
NCAA Tournaments	9 (1995, '96, '97, '98, '99, 2001, '02, '03, '04)

MEDIA RELATIONS

Assistant Director/Soccer Contact	Patrick Fischer
Office Phone	301-314-7082
Cell Phone	410-688-4471
E-mail	pfischer@umd.edu
Media Relations Office Phone	301-314-7064
Media Relations Fax	301-314-9094
Terps Website	www.umterps.com

2005 SCHEDULE

Day	Date	Opponent	Location	Time
Wed.	August 17	at Richmond (scrimmage)	Richmond, Va.	7:00 p.m.
Sat.	August 20	at West Virginia (scrimmage)	Morgantown, W.Va.	7:00 p.m.
Fri.	August 26	TOWSON	College Park, Md.	7:00 p.m.
Sun.	August 28	RHODE ISLAND	College Park, Md.	2:00 p.m.

NOTRE DAME TOURNAMENT

Fri.	September 2	vs. Connecticut	South Bend, Ind.	5:00 p.m.
Sun.	September 4	at Notre Dame	South Bend, Ind.	1:00 p.m.

MARYLAND/ADIDAS CLASSIC

Thurs.	September 8	Rutgers vs. UCSB ²	College Park, Md.	5:00 p.m.
	September 8	VILLANOVA ²	College Park, Md.	7:30 p.m.
Sun.	September 11	UCSB vs. Villanova ²	College Park, Md.	Noon
	September 11	RUTGERS ²	College Park, Md.	2:30 p.m.
Fri.	September 16	PENN STATE	College Park, Md.	5:30 p.m.
Sun.	September 18	YALE	College Park, Md.	2:00 p.m.
Thurs.	September 22	at Clemson *	Clemson, S.C.	7:00 p.m.
Fri.	September 30	WAKE FOREST *	College Park, Md.	6:00 p.m.
Sun.	October 2	NORTH CAROLINA *	College Park, Md.	2:00 p.m.
Thurs.	October 6	at Florida State *	Tallahassee, Fla.	7:00 p.m.
Sun.	October 9	at Miami *	Coral Gables, Fla.	1:00 p.m.
Thurs.	October 13	NC STATE *	College Park, Md.	7:00 p.m.
Sun.	October 16	at Duke *	Durham, N.C.	2:00 p.m.
Wed.	October 19	VIRGINIA TECH *	College Park, Md.	6:00 p.m.
Sun.	October 23	at Virginia *	Charlottesville, Va.	2:00 p.m.
Sat.	October 29	BOSTON COLLEGE *	College Park, Md.	5:00 p.m.

ACC TOURNAMENT

Wed.	November 2	ACC Quarterfinals	Cary, N.C.	TBA
Fri.	November 4	ACC Semifinals	Cary, N.C.	TBA
Sun.	November 6	ACC Finals	Cary, N.C.	TBA

NCAA TOURNAMENT

Fri.	November 11	NCAA First Round	Campus Sites	TBA
Sun.	November 13	NCAA Second Round	Campus Sites	TBA
Sat.	November 19	NCAA Sweet Sixteen	Campus Sites	TBA
Sat.	November 26	NCAA Quarterfinals	Campus Sites	TBA
Fri.	December 2	NCAA Semifinals	College Station, Texas	TBA
Sun.	December 4	NCAA Championship	College Station, Texas	TBA

* - ACC game

Terps

MEDIA GUIDE CREDITS

The 2005 Maryland women's soccer media guide was written and designed by Patrick Fischer, publications coordinator and assistant media relations director. Editorial assistance provided by Doug Dull, Jason Letumy, Amy Mulligan, Brian Pensky and Adam Zundell. Cover design by John Schaffhauser. Photography by Tony Quinn and the Maryland Athletic Dept. Archives. Printing by Morgantown Printing & Binding.

Copies of this media guide can be purchased for \$10 plus \$1.50 for shipping and handling, by writing the Athletic Media Relations Office, University of Maryland, College Park, MD 20742, or by calling (301) 314-7064.

150
YEARS
OF
MARYLAND



SEASON OUTLOOK

TERPS LOOKING FOR 10TH TRIP TO NCAA TOURNAMENT

It's easy to see why first-year head coach **Brian Pensky** is optimistic about the 2005 Maryland women's soccer team. The Terps return nine starters from a team that advanced to the NCAA's Sweet 16, defeated three top-10 teams and twice took perennial powerhouse North Carolina to double-overtime.

But Pensky also knows there is reason for cautious optimism – namely trying to incorporate his style of play, while taking on the toughest schedule in all of Division I women's soccer.

"There is so much to be excited about with this team," says Pensky, who took over the reins of the Terrapin program after Shannon Higgins-Cirovski stepped down last spring. "We have tremendous soccer players, some of the best in the nation at their positions.

"But you just never know how a team is going to come together until they actually get on the field and have to perform. And with our schedule there really isn't any time to waste. That said, we have some good leaders on this team who want to take this program in the right direction."

A quick glance can tell anyone that the Terps lose only two defenders from their starting 11 from 2004, but that doesn't mean it will be easy to pencil in a lineup. A new coach brings new ideas and a new style of play, which Pensky says will be a work in progress throughout the season.

"We're going to have to see where people fit in with the style we want to play," says Pensky. "We have a lot of players who can be successful at more than one position in more than one formation, and we're going to try to take advantage of all our options."

With that in mind, here's a breakdown of the 2005 Terps women's soccer team:

FORWARDS

A year ago, Maryland's offense had to pick its spots and be opportunistic due to a lack of depth created by injuries. The result was just 23 goals in 20 games. This season, Pensky's team will not lack for firepower up front with three-time All-ACC honoree **Kimmy Francis** leading the charge.

The senior from Richboro, Pa., was second on the team in 2004 with 17 points and six goals, while leading the squad with five assists. Francis' career at Maryland has been slowed somewhat by nagging injuries, yet she has made a steady climb up the record books. She currently ranks among the top 10 in career points (7th, 57), goals (8th, 19), game-winning goals (T-3rd, 8), assists (T-4th, 19) and shots (T-3rd, 172).

"Kimmy is one of the most creative offensive players in the ACC," says Pensky. "She does some special things on the field that makes the team better. She can make things happen herself or she can create for her teammates."

Francis' running-mate up top is expected to be sophomore **Kelly Rozumalski**. The Middleburgh, N.Y., native was an ACC all-freshman team selection last year after scoring three goals and firing 42 shots, despite being hindered with leg problems for much of the latter part of the season. Rozumalski is a gifted finisher, with the speed to create space and open up passing lanes for Francis.

Senior **Melissa Anderson** will also be in the mix at forward. After missing each of the last two seasons with separate knee injuries, the Annapolis, Md., native is, according to Pensky, ready to finish off her career in the right way.

A few freshmen will also provide depth at forward. After missing her senior season at The Bullis School with a knee injury, **Kimmy Bunting** has rehabbed and played

with the Bethesda Excel club team this summer, helping lead them to nationals for the third straight year. **Kaila Sciascia** is a skillful and intelligent player, who was a member of the U-17 Region I team and was a call-up to the U-17 National team.

"Kimmy Bunting and Kaila, although they are freshmen, both bring high-level experience to the table. I expect both of them to get on the field this season ... it might just be a question of where."

In addition to Anderson, Bunting and Sciascia, freshman **Lauren Sands** and several midfielders could also see time at forward throughout the season.

"Kimmy Francis and Kelly complement each other well," says Pensky. "We know those two are capable of creating scoring opportunities for themselves, each other and our midfielders when they come forward. We also have several midfielders who can play up top, which gives us some flexibility in how we want to play and how we can attack our opponents."

MIDFIELD

The deepest position on the roster starts with one of the most dominant players in all of college soccer. **Mallory Mahar** earned first team All-ACC honors last season after leading the Terps with 22 points on nine goals and four assists. A physical presence, the senior from Medina, Ohio, can take over a game and has a knack for making the big play, as evidenced by her four game-winning goals in 2004.

"Opposing coaches will agree that Mal is a handful," says Pensky. "She is great in the air at both the offensive and defensive ends. She's willing to put her body at risk in the final third of the field to get on the end of a cross."

Also in center midfield is sophomore **Nataly Arias** has made a name for herself across the country with her fluid style. The sophomore from Alexandria, Va., was a third team freshman All-American by SoccerBuzz after finishing third on the squad with eight points on two goals and four assists. Her strong right leg was showcased with a 35-yard scoring blast that tied No. 14 Florida State, 1-1.

"Nataly is an extremely technical player," says Pensky. "What most people don't realize is that she is also one of the hardest working individuals on the team. I have no doubt that's going to continue and she will progress into a special player."

On the wings, Pensky is looking for players who can get forward and stretch opposing defenses, and he's got the perfect outside midfielder for that scheme in **Simone Dekker**. The senior from Ringwood, N.J., who was tied for fourth on the team in points and goals a year ago, has both the speed and quickness to extend defenders and still recover to support on the defensive end. Also capable of playing forward, Dekker is on the verge of cracking the school's top 20 lists for career points and goals.

"The thing we like about Simone is that she can flat out run all day long," says Pensky. "She is extremely consistent. You know what you're going to get with Simone and there is tremendous value in that."

The other outside midfielder spot will be up for grabs during fall camp, but among the contenders is sophomore **Stevie Dunning**, who tallied two assists despite suffering through numerous injuries during her freshman season that limited her playing time.



Kimmy Francis



Mallory Mahar



FEAR THE TURTLE

2005 MARYLAND WOMEN'S SOCCER

"Stevie could also be used as a central midfielder or as an attacking wingback," says Pensky. "She's going to surprise some people this season."

Junior college transfer **Melissa Heintz** will be looking to carve out playing time in the midfield. A second team All-American at Santa Rosa JC, Heintz scored 14 goals to go along with 13 assists. She could also see time at forward.

Junior **Sarah Sample** is expected to make a bid for playing time in the midfield as well. A tall player with good skills, Sample is another attacking player that could fit Pensky's style of play well. The transfer was an All-Atlantic 10 honoree in 2004 at George Washington after leading the Colonials with 14 points on six goals and two assists.

"Sarah is extremely versatile," says Pensky. "She's a valuable player because she can play anywhere in the midfield or as a second striker."

Providing depth in the midfield will be sophomores **Shelly McDuff**, who saw action in 17 games as a freshman with three starts, and **Jacquie Shields**, senior **Lauren Desobry**, and freshman **Hannah Madej**.

"I feel very good about our midfielders," says Pensky. "We have several of the best center midfielders in the country and a number of options for the outside positions. For the first time in a few seasons, this position has depth, as I expect Shelly, Jacquie, Lauren and Hannah all to compete for playing time."

DEFENSE

While the Terps have nine newcomers on the team this season, the most important addition is the return of sophomore centerback **Ashly Kennedy**. The 2003 honorable mention freshman All-American missed the entire 2004 campaign with a knee injury, but returned for spring practices in better shape than she left in 2003.

"Getting Ashly back is huge for this team," says Pensky. "Not only is she a talented player, but she's an inspirational leader. She's been here every day over the summer getting ready for the season and is fit and ready to go. We're fortunate that she's going to be our centerback for the next three years."

Along with Kennedy in the center of the Terp defense is underrated senior **Lauren Krasko**, who is a perfect blend of speed, quickness and strength. Even though she's not the biggest defender in the country at 5-5, Krasko is not afraid to throw her body around to make a play.

"Lauren is an excellent 1-v-1 defender," says Pensky. "She can run with the fastest players in the country. Lauren has been unheralded in this program, but she will be a critical component for us this year."

Providing depth at centerback will be sophomore **Lauren Gamble**, who did not see varsity action last year as a freshman, but is a strong, physical defender, who will be healthy for the first time in 16 months.

While the centerback spots are set, the outside defender positions are shaping up to be preseason battlegrounds. Senior

Danielle Malagari returns at one wide defensive spot, but will be challenged for playing time by a host of freshmen. The Clarksburg, Md., native started all 20 games last season, assisting on two goals, and is at the top of the depth chart heading into the fall.

"I have been very pleased with the effort Danielle has put in this spring and summer," says Pensky. "She has been here working hard and it is becoming evident in her fitness level. Danielle is a great server of the ball and if she can be an up-and-down threat, she will be a huge factor this season."



Lauren Krasko

"THERE IS SO MUCH TO BE EXCITED ABOUT WITH THIS TEAM. WE HAVE TREMENDOUS SOCCER PLAYERS, SOME OF THE BEST IN THE NATION AT THEIR POSITIONS. BUT YOU JUST NEVER KNOW HOW A TEAM IS GOING TO COME TOGETHER UNTIL THEY ACTUALLY GET ON THE FIELD AND HAVE TO PERFORM."

- HEAD COACH BRIAN PENSKY

Battling for the starting spot vacated by graduated senior Lindsay Niehaus are freshmen **Aimee Bresani** and **Amanda Paizs**, as well as several of the aforementioned midfielders.

"We're expecting Aimee and Mandy to be ready to come in and contribute right away," says Pensky. "They are versatile players who will each bring something to the table."

"Bottom line, we are looking for players that are able to get forward and attack out of the back, and at the same time, not forget about their defensive responsibilities."

GOALKEEPER

One reason Coach Pensky can be confident in his defense is all-Mid-Atlantic goalkeeper **Nikki Resnick**, who was simply sensational for the Terps after transferring from Colorado.

All the junior from Boca Raton, Fla., did during her sophomore season was register seven shutouts, including a 1-0 blanking of No. 2-seed Penn State in the second round of the NCAA Tournament, make

115 saves (.833 save pct.), and play all 1,926 minutes.

"Nikki is a great goalkeeper," says Pensky. "It took people a little while to catch on last year, but by the end of the season they were starting to notice her and what she was doing."

"There are so many things about Nikki's game to love - she's a flyer, quick as a cat, great hands, and makes saves that no one expects or even thinks that she can make. She's one of the most unassuming players on the team, but she might be the most competitive."

Backing up Resnick will be junior **Anna Sheveland**, who missed the entire 2004 season due to a thumb injury.

"I'm glad that Anna will be healthy enough to compete this season," says Pensky. "I look forward to her challenging Nikki this fall."

Sophomore **Lindsay Simpson** will be forced to sit out the season after undergoing ankle surgery in August.

"Lindsay has had a rough year," says Pensky. "Hopefully things go well and she makes a full recovery. I'd love to see the day where a 100% healthy Lindsay Simpson suits up for this team."

SCHEDULE

The Terps' 2004 schedule was the toughest in the country, and this season it looks to be that way again.

The ACC is the premier women's soccer conference in the country, with eight teams receiving bids to the NCAA Tournament last year. Add to that mix ACC newcomer Boston College, which advanced to the third round of the NCAA's out of the Big East, and the conference is even more competitive.

"There's never an easy game in the ACC," says Pensky. "But this year every game is even more important, because only the top eight teams advance to the ACC Tournament."

Maryland's ACC schedule is highlighted by home games vs. Wake Forest (Sept. 30), North Carolina (Oct. 2), NC State (Oct. 13), Virginia Tech (Oct. 19) and Boston College (Oct. 29). The Terps will travel to meet Clemson (Sept. 22), Florida State (Oct. 6), Miami (Oct. 9), Duke (Oct. 16) and Virginia (Oct. 23).

Before Pensky's troops even get to their conference schedule they have to get through a grueling non-conference lineup. After a season-opening homestand with Towson and Rhode Island, the Terps travel to the Notre Dame Invitational to play games against 2004 national champion Notre Dame and 2004 Big East champion Connecticut.

Maryland returns home for the Maryland/adidas Classic with Rutgers, Villanova and UC Santa Barbara, before wrapping up their non-conference schedule with Penn State and Yale.

"Our team's health will be a key to our success," says Pensky. "With a challenging schedule like this, we will be looking to go 14 to 18 players deep in most games."





FEAR THE TURTLE

2005 MARYLAND WOMEN'S SOCCER

HEAD COACH BRIAN PENSKY

FIRST SEASON AT MARYLAND • EMORY '91



Brian Pensky was hired as Maryland's new head coach for its women's soccer program on May 18, 2005. Pensky, who helped the men's soccer team to College Cup appearances in each of his three seasons with the program, succeeds Shannon Higgins-Cirovski who resigned in March.

Pensky, who has served as a men's and women's assistant coach at the collegiate level, helped the Terrapin men's soccer team to 57 wins over the past three seasons, including the ACC Tournament title

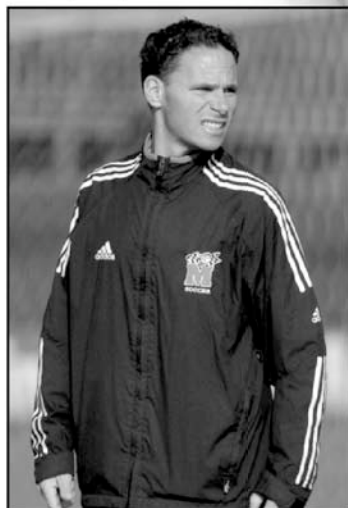
in 2002 and regular season crown in 2003. In 2004, CollegeSoccerNews.com named Pensky one of the top assistant coaches in the nation.

Prior to working under Sasho Cirovski for the past three seasons, where he was involved in all facets of the program, Pensky was an assistant at Loyola College where he helped the Greyhound women's team win the 2001 MAAC Conference Tournament and earn a bid to the NCAA Tournament in his one season with the program. He came to Loyola after spending three years as an assistant coach in George Washington's women's soccer program.

Pensky has also been involved with the Maryland girls' Olympic Development Program team since 1997. He served as an assistant coach for the Under-15 team from 1999-2000, helping that squad to the 1999 Region I championship and a national runner-up finish in 2000.

In the spring of 2000, he took over as head coach of the U-16 team and led it to a regional championship. In 2001, he worked with the U-16 ODP team and finished as the regional runner-up. Pensky spent the summer of 2001 coaching the W-League's Maryland Pride, which reached the Final Four and won the Eastern Conference championship.

He began his coaching career at the Bullis School in Potomac, Md., where he later went on to teach and eventually piloted the boys' soccer team from 1996-98. While at the Bullis School, he was named 1997 High School Coach of the Year by the Maryland Ledger and paced the 18-1-1 IAC champions to a No. 13 ranking in the nation.



In addition to his college and high school coaching experience, Pensky coached the Bethesda Soccer Club from 1991-99.

Pensky holds a bachelor's degree in economics from Emory University, as well as an "A" license from the United States Soccer Federation, an NSCAA Premier and NSCAA goalkeeping diploma.

Pensky and his wife, Abby, have three children, twins Will and Alex who turned three in January, and Ben, who turned one in March. The Pensky family resides in Kensington, Md.



**IN EACH OF PENSKY'S
THREE SEASONS WITH
THE MARYLAND MEN'S
TEAM, THE TERPS
REACHED THE FINAL FOUR.**



FEAR THE TURTLE

2005 MARYLAND WOMEN'S SOCCER

COACHING STAFF



ALI WOLFF-TOOLE
ASSISTANT COACH
MARYLAND '01
SECOND YEAR AT MARYLAND

Bringing an unending competitive spirit and a knowledge of the finer points of the game, Ali Wolff-Toole begins her second season as an assistant coach, working primarily with the goalkeepers. Her responsibilities also include recruiting and overseeing general aspects of the women's soccer program.

During her first season at Maryland, Wolff-Toole was instrumental in the development of third team All-Mid-Atlantic goalkeeper Nikki Resnick, who made 115 saves in 2004, which ranks second on the school's single-season record list. Under Wolff-Toole's tutelage, Resnick set school NCAA Tournament records with two shutouts, including a 1-0 victory that snapped No. 2-seed Penn State's 39-game-winning streak at Jeffrey Field, en route to a berth in the Sweet 16.

Prior to returning to her alma mater, Wolff-Toole served as an assistant coach at Loyola College for two years. At Loyola, she was responsible for training the Greyhound goalkeepers and has also coached at Loyola and Maryland women's soccer camps.

Wolff-Toole was a goalkeeper for Maryland from 1997-2001 and still ranks among the all-time leaders in shutouts (1st, 20.5), games played (2nd, 68), games started (2nd, 63), minutes played (2nd, 5,513), saves (3rd, 254) and goals against average (5th, 1.57). An All-ACC honoree during her senior campaign in 2001, Wolff-Toole led all conference keepers in shutouts against conference opponents (three) and was among the ACC leaders with nine total shutouts. Her save percentage that season, .765, was also among the best in the conference.

Ali married Maryland alum and former Terp golfer Peter Toole on August 9, 2003. Wolff-Toole graduated from Maryland in 2001 with a bachelor of science degree in kinesiology.



CINDY WOLF
ASSISTANT COACH
SYRACUSE '01
FIRST YEAR AT MARYLAND

In her first season on Coach Brian Pensky's staff, former Big East Scholar-Athlete of the Year Cindy Wolf returns to her home state, bringing with her a passion for the game of soccer and a winning attitude.

"We are excited to have Cindy join our staff," said Pensky. "She comes to Maryland with an appreciation for this university – especially having grown up in Maryland. Cindy's experiences with the Region I ODP Program, U.S. Soccer and Syracuse are going to benefit this program tremendously. On a personal level, she will be a terrific role model for our student-athletes."

Wolf joins the Terps after serving as an assistant coach at Syracuse University since August 2004, where she was responsible for assisting the head coach with recruiting and team management. She also worked as the assistant director of the Syracuse women's soccer camps.

Prior to returning to Syracuse, the 2001 SU graduate served as the national team coordinator for U.S. Soccer. Her responsibilities included organizing, planning, and executing training camps and international events for the under-19 women's national soccer team. In addition, Wolf worked in preparation for the 2004 under-19 World Championships in Thailand.

Wolf was a member of the Orange soccer team from 1997 to 2000, serving as captain as a sophomore, junior and senior. In 2001, Wolf was named the BIG EAST Scholar-Athlete of the Year. She was also the first female president of the Student-Athlete Council in 2000-01.

She began her coaching career in 2001 and was an Olympic Development coach with the Maryland State Youth Soccer Association from 2001-03, working with the under-13 and under-15 age groups. During that time, Wolf was also the assistant women's soccer coach at Villa Julie College. She also continued her playing career, serving as a player/coach for the Maryland Pepsi Pride of the W-League from 2001-03.

Wolf graduated cum laude from Syracuse with a bachelor's degree in public relations. She is currently finishing her master's degree in business administration at Loyola College.

SUPPORT STAFF



Troy Tucker
 Associate AD



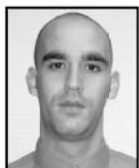
Tim Ahner
 Equipment



Linda Barbour
 Admin. Assistant



Patrick Fischer
 Media Relations



Shawn Hendi
 Athletic Trainer



Barry Kagan
 Strength & Conditioning



Laura Meckley
 Academic Support



Brett Tillett
 Marketing



DAE LPP